



changes

life

new

always willingly

adapt
Every

know

open

better

every trying

challenge

ego's
embrace

see
willin

easily

thing

ights
ant

person
believe

changing

make

learning

Change

positive

transforming
stretch

ways

char

Look closely

- Sebbie Gould



Life changes

- What did he do?
 - Picked himself up
 - “Work hard, aim high”
 - Help others



WORK HARD

AIM HIGH

THE SEB GOULD TRUST

Life changing change!

- New wheelchair
- New leg
- Help others



Are your changes as life changing as his?

- Is change really that bad?
- How can it be turned into a positive?



Winter passes into
spring,

Seasons come and
go,

There's a time for
everything

For everything
must change and
grow

Lessons learnt along the
way,
Things we've come to
know,
We take with us each
new day,
For everything must
change and grow

There are places we've
loved and those we've left,

There are days we
remember well.

There are faces we know
we shan't forget, But this
day we move forward,
This day we move
forward.

Who knows what tomorrow
brings,
Where the winds will
blow?

There will be new songs to
sing,

For everything must
change and grow

Through the laughter,
through the tears,
In life's ebb and flow,
Seize the moments and the
years,
For everything must
change and grow.

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There are days we
remember well.

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Embrace change

- As Sebbie says, "Get busy living!"
- Embrace the change

