AUTUMN TERM 2020-21 YEAR 5				
Breadth	Threshold Concept	Milestone 3 Yr 5 and Yr6	Activities (that relate to Threshold Concepts and the Milestone indicators)	
History				
	Investigate and interpret	 Use sources of evidence to deduce information about the past. 	When was the Victorian era? Where do the Victorians appear on a timeline of British history? Find out about Queen Victoria's life.	
	cvidence	 Select suitable sources of evidence, giving reasons for choices. 	Key Vocabulary – Monarchy, empire, reign, chronological	
Victorians		• Use sources of information to form testable hypotheses about the past.	The Industrial Revolution – what was the Industrial Revolution? When did it occur? Discuss the impact the Industrial Revolution had on Great Britain – positive and	
		 Seek out and analyse a wide range of evidence in order to justify claims about the past. 	negative effects. Consider how trade changed during the Victorian period. Key Vocabulary – poverty, wealthy, revolution, economy.	
		• Show an awareness of the concept of propaganda and how historians must understand the social context of evidence studied.	Victorian inventions – what does the term 'innovation' mean? Identify different inventions that came about during the Victorian period and place on a timeline	
		 Understand that no single source of evidence gives the full answer to questions about the past. 	Children to discuss which was the greatest Victorian invention and justify their reasoning.	
		Refine lines of enquiry as appropriate.	Victorian life – Use sources of evidence to develop an	
	Build an	• Identify continuity and change in the history	understanding of life for rich and poor in the Victorian era.	
	overview of		Can they describe the difference between the two?	
	wond history	• Give a broad overview of life in Britain from medieval until the Tudor and Stuarts times.	Look at the lives of children – using images to gather evidence of the jobs that poorer children had to endure.	
		• Compare some of the times studied with those of the other areas of interest around the world.	Look at the work of Dr. Barnado and Lord Shaftesbury and how they enforced changes for children in Victorian Britain. Consider how the laws changed to help children, however,	

	• Describe the social, ethnic, cultural or religious diversity of past society	think about why not everyone was in favour of these
	Describe the characteristic features of the past including ideas, beliefs, attitudes and	
	experiences of men, women and children.	
Understand	Describe the main changes in a period of	
Chronology	history (using terms such as: social, religious, political, technological and cultural).	
	 Identify periods of rapid change in history and contrast them with times of relatively little change. 	
	 Understand the concepts of continuity and change over time, representing them, along with evidence, on a time line. 	
	 Use dates and terms accurately in describing events. 	
Communicate	Use appropriate historical vocabulary	
historically		
	• dates	
	• time period	
	• era	
	chronology	
	continuity	
	change	
	• century	
	decade	
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		• legacy.	
		• Use literacy, numeracy and computing skills to an exceptional standard in order to communicate information about the past.	
		 Use original ways to present information and ideas. 	
Geograph	ıy		
	Investigate places	 Collect and analyse statistics and other information in order to draw clear conclusions about locations. 	Find out how mountains are formed and where the major mountain ranges in the world are.
		 Identify and describe how the physical features affect the human activity within a location. 	Investigate a mountain environment – use a range of sources to find out about a particular mountain. Common features of mountain environments and individual features.
		 Use a range of geographical resources to give detailed descriptions and opinions of the characteristic features of a location. 	Mountain climates – investigate the climate of mountain ranges and how the altitude affects the weather as well as what kind of plants and trees can
Mountains		• Use different types of fieldwork sampling (random and systematic) to observe, measure and record the human and physical features in the local area. Record the results in a range of ways.	grow. Mountains as tourist destinations – various uses of mountains and mountain ranges by different industries, including tourism . Why are mountains popular tourist
		• Analyse and give views on the effectiveness of different geographical representations of a location (such as aerial images compared with maps and topological maps - as in London's Tube map).	Positive and negative aspects of tourism in mountain environment and how it can harm it? Build their own
		• Name and locate some of the countries and cities of the world and their identifying human and physical characteristics, including hills, mountains, rivers, key topographical features and land-use patterns; and understand how some of these aspects have changed over time.	conclusion of whether it is good or harmful.

	 Name and locate the countries of North 	
	and South America and identify their main	
	physical and human characteristics.	
· · · · · · · · · · · · · · · · · · ·	- Identify and describe the	
Investigate	• Identity and describe the	
patterns	geographical significance of latitude, longitude,	
	Equator, Northern Hemisphere, Southern	
	Hemisphere, the Tropics of Cancer and Capricorn,	
	Arctic and Antarctic Circle, and time zones	
	(including day and night).	
	• Understand some of the reasons for geographical	
	similarities and differences between countries.	
	• Describe how locations around the world	
	are changing and explain some of the reasons	
	for change.	
	• Describe geographical diversity across the world	
	• Describe now countries and geographical	
	regions are interconnected and interdependent.	
Communicate	 Describe and understand key aspects of: 	
geographically		
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		 physical geography, including: climate zones, biomes and vegetation belts, rivers, mountains, volcanoes and earthquakes and the water cycle. 	
		• human geography , including: settlements, land use, economic activity including trade links, and the distribution of natural resources including energy, food, minerals, and water supplies.	
		• Use the eight points of a compass, four- figure grid references, symbols and a key (that uses standard Ordnance Survey symbols) to communicate knowledge of the United Kingdom and the world.	
		 Create maps of locations identifying patterns (such as: land use, climate zones, population densities, height of land). 	
Art & Des	ign		
	Develop ideas	 Develop and imaginatively extend ideas from starting points throughout the curriculum. Collect information, sketches and resources and present ideas imaginatively in a sketch 	Investigate still life paintings – comment on the techniques , colours and tones used. Apply colour and tone to some still life art.
		 book. Use the qualities of materials to enhance ideas. Spot the potential in unexpected results as 	Arrange objects to create a visually interesting composition for a still life painting – how to use contrasts and explore different placements.
		 Work progresses. Comment on artworks with a fluent grasp of visual language. 	Use still life to develop the control of tools and
	Master Techniques	 Painting Sketch (lightly) before painting to combine line and colour. Create a colour palette based upon colours observed in the natural or built world. 	techniques – experiment with colour , tone and shading . Use various techniques to create interesting effects , such as using a single colour, and adding light and dark, or using warm and cold colours.
		 Use the qualities of watercolour and acrylic paints to create visually interesting pieces. Combine colours, tones and tints to enhance the mood of a piece. Use brush techniques and the qualities of 	Gather ideas to use in a still life composition – how objects can convey meaning, think about personal objects to convey meaning about themselves.

	point to create touture	Create a personal still life registing. The colour terms
	paint to create texture.	Create a personal still life painting – use colour, tone
	 Develop a personal style of painting, drawing 	and texture in their work and arrange their objects to
	upon ideas from other artists.	reflect their personality.
		, , ,
	Collage	
	• Mix textures (rough and smooth, plain and	
	patterned).	
	Combine visual and tactile qualities	
	Lico coramic mosaic materials and tochniques	
	• Ose ceramic mosaic materials and techniques.	
	Caulatura	
	Sculpture	
	 Show life-like qualities and real-life 	
	proportions or, if more abstract, provoke	
	different interpretations.	
	 Use tools to carve and add shapes, texture 	
	and pattern.	
	• Combine visual and tactile qualities.	
	• Use frameworks (such as wire or moulds) to	
	provide stability and form	
	Drawing	
	Drawing	
	 Use a variety of techniques to add interesting 	
	effects (e.g. reflections, shadows, direction of	
	sunlight).	
	• Use a choice of techniques to depict movement,	
	perspective, shadows and reflection.	
	• Choose a style of drawing suitable for the work (e.g. realistic	
	or impressionistic).	
	. ,	
	Ise lines to represent movement	
	• Ose lines to represent movement.	
	Drint	
	• Build up layers of colours.	
	• Create an accurate pattern, showing fine detail.	
	• Use a range of visual elements to reflect the	
	nurnose of the work	
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		Textiles	
		• Show precision in techniques.	
		• Choose from a range of stitching techniques.	
		• Combine previously learned techniques to create pieces.	
		Digital Media • Enhance digital media by editing (including sound, video, animation, still images and installations).	
	Take inspiration from the greats	• Give details (including own sketches) about the style of some notable artists, artisans and designers.	
		• Show how the work of those studied was influential in both society and to other artists.	
		• Create original pieces that show a range of influences and styles.	
Design &	Technolog	ξγ	
	Master practical skills	 Food Understand the importance of correct storage and handling of ingredients (using knowledge of micro-organisms). 	Investigate toys that use cam mechanisms . Can children identify how cams work and create an explanation of this.
		• Measure accurately and calculate ratios of ingredients to scale up or down from a recipe.	think about the shapes they produce. Children will be testing different shaped cams to see how they affect the linear movement of the follower. Can they make
		• Demonstrate a range of baking and cooking techniques.	suugestions for how different cams could be used for different types of toys?
		• Create and refine recipes, including ingredients, methods, cooking times and temperatures.	Children to explore a range of materials and investigate different ways of strengthening moving toy structures .

Materials	
• Cut materials with precision and refine the finish with appropriate tools (such as sanding wood after cutting or a more precise scissor cut after roughly cutting out a shape).	Children will use their knowledge to design a moving toy with a cam mechanism. They will need to think about who the toy is for, what shape the cam will be, the structure, decoration and materials needed to construct it.
• Show an understanding of the qualities of materials to choose appropriate tools to cut and shape (such as the nature of fabric may require sharper scissors than would be used to cut paper).	Children will create their moving toy using a range of materials and tools. This could include dowelling , cams, wood, saws, rulers, card, glue, etc dependent upon their design.
 Textiles Create objects (such as a cushion) that employ a seam allowance. 	Children will evaluate their moving toy and consider ways to improve in the future.
• Join textiles with a combination of stitching techniques (such as back stitch for seams and running stitch to attach decoration).	
• Use the qualities of materials to create suitable visual and tactile effects in the decoration of textiles (such as a soft decoration for comfort on a cushion).	
Electricals and electronics • Create circuits using electronics kits that employ a number of components (such as LEDs, resistors, transistors and chips).	
Computing • Write code to control and monitor models or products.	
Construction • Develop a range of practical skills to create products (such as cutting, drilling and screwing, nailing, gluing, filing and sanding).	
Mechanics	

		 Convert rotary motion to linear using cams. Use innovative combinations of electronics (or computing) and mechanics in product designs. 	
	Design, make, evaluate and improve	• Design with the user in mind, motivated by the service a product will offer (rather than simply for profit).	
		• Make products through stages of prototypes, making continual refinements.	
		• Ensure products have a high quality finish, using art skills where appropriate.	
		• Use prototypes, cross-sectional diagrams and computer aided designs to represent designs.	
	Take inspiration from design throughout history	• Combine elements of design from a range of inspirational designers throughout history, giving reasons for choices.	
	instory	• Create innovative designs that improve upon existing products.	
		• Evaluate the design of products so as to suggest improvements to the user experience.	
Science			
	Work scientifically	• Plan enquiries, including recognising and controlling variables where necessary.	1-
		• Use appropriate techniques, apparatus, and materials during fieldwork and laboratory work.	
		• Take measurements, using a range of scientific equipment, with increasing accuracy and precision.	

		-
	• Record data and results of increasing complexity	
	using scientific diagrams and labels, classification	
	keys tables bar and line graphs and models	
	Reys, tables, bai and line graphs, and models.	
	• Report findings from enquiries, including oral and	
	written explanations of results, explanations	
	involving causal relationships, and conclusions	
	• Present findings in written form, displays	
	and other presentations.	
	• Use test results to make predictions to set	
	• Ose test results to make predictions to set	
	up further comparative and fair tests.	
	Use simple models to describe scientific	
	ideas, identifying scientific evidence that has	
	been used to support or refute ideas or	
	arguments.	
Understand	 Relate knowledge of plants to studies of 	
nlants	evolution and inheritance.	
plants		
	· Polate knowledge of plants to studios of all living	
	tillings.	
Understand	• Describe the changes as humans develop to old	
animals and	age.	
humana		
numans	• Identify and name the main parts of the human	
	circulatory system, and describe the functions of	
	the beauty blood weedle and blood	
	 Recognise the importance of diet, exercise, 	
	drugs and lifestyle on the way the human body	
	functions.	
	• Describe the ways in which nutrients and water	
	are transported within animals, including humans.	

	Invoctigato living	• Describe the differences in the life cycles of a	
	Investigate inving	mammal an amphibian an insect and a hird	
	things		
		• Describe the life process of reproduction in some plants and animals.	
		 Describe how living things are classified into broad groups according to common observable characteristics. 	
		 Give reasons for classifying plants and animals based on specific characteristics. 	
-	Understand evolution and inheritance	• Recognise that living things have changed over time and that fossils provide information about living things that inhabited the Earth millions of years ago.	
		• Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.	
		 Identify how animals and plants are adapted to suit their environment in different ways and that adaptation may lead to evolution. 	
-	Investigate	 Compare and group together everyday materials 	Year 5 Autumn 2
	materials	based on evidence from comparative and fair	Children will predict investigate observe and
	materials	tests, including their hardness,	explain what happens when a variety of materials are
		solubility, conductivity (electrical and thermal),	mixed with water. They will also consider how the
		and response to magnets.	original materials might be recovered from a
			solution
		 Understand how some materials will dissolve 	301011011.
		in liquid to form a solution and describe how	Childron will ovalore ways in which the original
		to recover a substance from a solution.	materials in some mixtures and solutions may be
			recovered
		 Use knowledge of solids, liquids and gases to decide how mixtures might he 	
		separated including through filtering sieving	
		and evaporating.	Children will identify solutions which are the product
			of irreversible reactions between the substances that
			were dissolved. They will then carry out practical
			were assorved. They will men carry out practical

		• Give reasons, based on evidence from comparative and fair tests, for the	investigations involving irreversible reactions.
		particular uses of everyday materials, including metals, wood and plastic.	Children will learn about reversible and irreversible changes caused by heating or cooling materials.
		 Demonstrate that dissolving, mixing and changes of state are reversible changes. 	according to what may happen when they are heated or cooled, or explore irreversible reactions
		 Explain that some changes result in the formation of new materials, and that this kind of change is not usually reversible. 	Children will consider what happens when materials
		including changes associated with burning, oxidisation and the action of acid on bicarbonate of soda.	are burned, including what new materials are produced. They may then either write about a range of flammable materials, or carry out a burning investigation.
			Children will identify several different properties of a range of materials (conductive, magnetic, soluble, flexible, transparent etc.), then either sort given sets of materials, or investigate the properties
			Children will consider ways in which certain properties of materials make them useful. They will then sort, test and select materials for different uses, depending on their properties.
L	Jnderstand the	 Describe the movement of the Earth, and other 	Year 5 Autumn 1
E	arth's	planets, relative to the Sun in the solar system.	Children will consider the evidence, which
n s	novement in pace	 Describe the movement of the Moon relative to the Earth. 	proves that the Earth, Sun and Moon are spherical, then organise information or answer questions to show what they have learned and
		 Describe the Sun, Earth and Moon as approximately spherical bodies. 	 Children will learn about the sizes of the Earth, Sun and Moon, then use everyday objects to compare their relative sizes and estimate the
		 Use the idea of the Earth's rotation to explain day and night and the apparent movement of the sun across the sky. 	 Grand and a state of the state of t
			across the sky, but it is the Earth rotating which creates the effect. They will then draw diagrams

		 or make models to show what they have learned. Children will study data showing sunrise and sunset times. They will then plot and interpret data using graphs. Children will share their ideas about what a year is, then learn how a year on Earth and on other planets is defined. They will then draw diagrams, write definitions or draw posters to show what they have learned. Children will learn about the phases of the Moon and what a lunar month is. They will draw diagrams, or conduct research to show what they have learned and discover more.
Understand electrical circuits	 Associate the brightness of a lamp or the volume of a buzzer with the number and voltage of cells used in the circuit. Compare and give reasons for variations in how components function, including the brightness of bulbs, the loudness of buzzers and the on/off 	
	 Use recognised symbols when representing a simple circuit in a diagram. 	

Understand	Magnets	
movement,		
forces and	 Describe magnets as having two poles. 	
magnets.	• Predict whether two magnets will attract or repel each other, depending on which poles are facing.	
	Forces	
	• Explain that unsupported objects fall towards the Earth because of the force of gravity acting between the Earth and the falling object.	
	• Identify the effect of drag forces, such as air resistance, water resistance and friction that act between moving surfaces.	
	• Describe, in terms of drag forces, why moving objects that are not driven tend to slow down.	
	• Understand that force and motion can be transferred through mechanical devices such as gears, pulleys, levers and springs.	
	 Understand that some mechanisms including levers, pulleys and gears, allow a smaller force to have a greater effect. 	
Understand light and seeing	• Understand that light appears to travel in straight lines.	
	 Use the idea that light travels in straight lines to explain that objects are seen because they give out or reflect light into the eyes. 	
	• Use the idea that light travels in straight lines to explain why shadows have the same shape as the objects that cast them, and to predict the size of shadows when the position of the light source changes.	

	Investigate sound and hearing	 Explain that we see things because light travels from light sources to our eyes or from light sources to objects and then to our eyes. Find patterns between the pitch of a sound and features of the object that produced it. Find patterns between the volume of a sound and the strength of the vibrations that produced it. 	
		from the sound source increases	
Computin	Ig		
Online safety	Code	 Set IF conditions for movements. Specify types of rotation giving the number of degrees. Change the position of objects between screen layers (send to back, bring to front). Upload sounds from a file and edit them. Add effects such as fade in and out and control their implementation. Combine the use of pens with movement to create interesting effects. Set events to control other events by 'broadcasting' information as a trigger. Use IF THEN ELSE conditions to control events or objects. Use a range of sensing tools (including proximity, user inputs, loudness and mouse position) to control events or actions. Use the Boolean operators 	 <u>Vector Drawings</u> Introduce vector drawings. Identify shapes that are used to create a vector drawing. Increase the complexity of their vector drawings using the zoom tool. Gain an understanding of layers and how they are used in vector drawings. Duplicating multiple objects. Understand how digital images can be made from shapes and pixels. Create their own labels for the classroom using vector drawings.

	() < ()	
	() = ()	
	() > ()	
	()and()	
	()or()	
	Not()	
	to define conditions.	
	Use the Reporter operators	
	() + ()	
	() - ()	
	() * ()	
	070	
	to perform calculations.	
	Pick Random () to ()	
	Join () ()	
	Letter () of ()	
	Length of ()	
	() Mod () This reports the remainder	
	after a division calculation	

		Round ()	
		() of ().	
	Connect	Collaborate with others online on sites approved and moderated by teachers.	Understand the term 'copyright' discuss reasons why people download copyrighted materials and why this is wrong. Understand how to correctly gain permission .
		• Give examples of the risks of online communities and demonstrate knowledge of how to minimise risk and report problems.	Risks of online comments , how it affects people. How can you minimise the risk and what to do if there is a
		 Understand and demonstrate knowledge that it is illegal to download copyrighted material, including music or games, without express written 	Media stereotypes – how boys and girls are perceived
		 Understand the effect of online comments and show responsibility and sensitivity when online. 	Understand simple networks, what are they, how are they used?
		 Understand how simple networks are set up and used. 	What is a secure website ? How do we know if a site is secure? Develop an understanding of privacy policies.
	Communicate	• Choose the most suitable applications and devices for the purposes of communication.	
		 Use many of the advanced features in order to create high quality, professional or efficient communications. 	
	Collect	 Select appropriate applications to devise, construct and manipulate data and present it in an effective and professional manner. 	
Music			
	Perform	 Sing or play from memory with confidence. 	Charange unit – Adele
		 Perform solos or as part of an ensemble. 	Drumming lessons – Taught by Mrs Harwood - LMS
		 Sing or play expressively and in tune. 	

	. Upld a part within a round	
	• Holu a part within a round.	
	• Sing a narmony part confidently and accurately.	
	• Sustain a drone or a melodic ostinato	
	to accompany singing.	
	 Perform with controlled breathing (voice) 	
_	and skillful playing (instrument).	
Compose	• Create songs with verses and a chorus.	
	Create rhythmic patterns with an awareness	
	of timbre and duration.	
	 Combine a variety of musical devices, 	
	including melody, rhythm and chords.	
	 Thoughtfully select elements for a piece in 	
	order to gain a defined effect.	
	 Use drones and melodic ostinati (based on 	
	the pentatonic scale).	
	 Convey the relationship between the lyrics 	
	and the melody.	
	Use digital technologies to compose, edit	
	and refine pieces of music.	
Transcribe	Use the standard musical notation of	
	crotchet, minim and semibreve to indicate how	
	many beats to play.	
	• Read and create notes on the musical stave.	
	Understand the purpose of the treble and	
	bass clers and use them in transcribing	
	compositions.	

	• Understand and use the # (sharp) and b	
	(hat) symbols.	
	Use and understand simple time signatures.	
Describe music	 Choose from a wide range of musical vocabulary to accurately describe and appraise music including: 	Drumming lessons – Taught by Mrs Harwood - LMS
	• pitch	
	• dynamics	
	• tempo	
	• timbre	
	• texture	
	 lyrics and melody 	
	sense of occasion	
	• expressive	
	• 5010	
	• rounds	
	harmonies	
	accompaniments	
	drones	
	combination of musical elements	
	cultural context.	

	• Describe how lyrics often reflect the cultural context of music and have social meaning.	
P.E		
Develop practical skills in order to participate, compete and lead a healthy lifestyle	Games Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). • Work alone, or with team mates in order to gain points or possession. • Strike a bowled or volleyed ball with accuracy. • Use forehand and backhand when playing racket games. • Field, defend and attack tactically by anticipating the direction of play. • Choose the most appropriate tactics for a game. • Uphold the spirit of fair play and respect in all competitive situations.	 NETBALL 1 - To develop passing and moving. 2 - To develop passing and moving towards a goal. 3 - To be able to use the attacking principle of creating and using space. 4 - To be able to change direction and lose a defender. 5 - To be able to defend ball side and know when to go for interceptions. 6 - To develop the shooting action 7 - To be able to change direction to get free from a defender and receive a pass. To learn the positions of 5-a-side netball. 8 - To play in a 5-a-side netball tournament. KEY LANGUAGE Interception, opponent, defend, attack, possession, conceding
	 Dance Compose creative and imaginative dance sequences. Perform expressively and hold a precise and strong body posture. 	 THEME: Dance by Chance To create a dance using a random structure and perform the actions showing quality and control. THEME: Dance by Chance To understand how changing the dynamics of an action changes the appearance of the performance. To provide and use feedback to improve on performance.

		 Perform and create complex sequences. Express an idea in original and imaginative ways. Plan to perform with high energy, slow grace or other themes and maintain this throughout a piece. Perform complex moves that combine strength and stamina gained through gymnastics activities (such as cartwheels or handstands). 	3. 4. 5. 6. 7. 8.	THEME: Dance by Chance To understand and use relationships and space to change how a performance looks. THEME: Snapshot To work with a group to create poses and link them together using transitions. THEME: Snapshot To use choreographing devices when working as a group. THEME: Rock 'n' Roll To copy and repeat movements in the style of Rock 'n' Roll. THEME: Rock 'n' Roll To work with a partner to copy and repeat actions and keeping in time with the music. THEME: Rock 'n' Roll To work collaboratively with a group to create a dance in the style of Rock 'n' Roll.
R.E			<u> </u>	
U bo te U pi lif	nderstand eliefs and eachings nderstand ractices and festyles	 Explain how some teachings and beliefs are shared between religions. Explain how religious beliefs shape the lives of individuals and communities. Explain the practices and lifestyles involved in belonging to a faith community. Compare and contrast the lifestyles of different faith groups and give reasons why some within the same faith may adopt different lifestyles. Show an understanding of the role of a 	1) 2) 3) 4) 5)	What do we already know about Hinduism? How do Hindus show their faith in the way that they live their life? What is karma and how is it linked to moksha ? What is the cycle of samsara ? Draw the cycle and label it accurately. How are the cycle of samsara and karma linked?
Ur be	nderstand how eliefs are onveyed	spiritual leader. Explain some of the different ways that individuals show their beliefs.		

RSE & PSED			
Families and friendships	Attraction to others; romantic relationships; civil partnership and marriage	 what makes a healthy friendship and how they make people feel included strategies to help someone feel included about peer influence and how it can make people feel or behave the impact of the need for peer approval in different situations, including online strategies to manage peer influence and the need for peer approval e.g. exit strategies, assertive communication that it is common for friendships to experience challenges strategies to positively resolve disputes and reconcile differences in friendships that friendships can change over time and the benefits of having new and different types of friends how to recognise if a friendship is making them feel unsafe, worried, or uncomfortable when and how to seek support in relation to friendships 	 Friendships (what make a good friend? Qualities that make a good friend) Peer Pressure (understanding the term peer pressure and what is meant by it) Scenarios Changing Friendships – How friendships may change over time / moving classes/ schools etc. Case history. Benefit/challenge cards Help with friendships - How to deal with concerns with a friendship. When can we spot that we may need support with our friendship.
Safe relationships	Recognising and managing pressure; consent in different situations	to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations • how to ask for, give and not give permission for physical contact • how it feels in a person's mind and body when they are uncomfortable • that it is never someone's fault if they have experienced unacceptable contact • how to respond to unwanted or unacceptable physical contact • that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about • whom to tell if they are concerned about unwanted physical contact	 PANTs (NSPCC lesson) Mental well being – how we can take care of it (PSHE Association) how feelings and emotions are affected and can be managed at changing, challenging or difficult times Online safety taught through computing (see Autumn term Computing).

Respecting ourselves and others	Expressing opinions and respecting other points of view, including discussing topical issues	to recognise that everyone should be treated equally • why it is important to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own • what discrimination means and different types of discrimination e.g. racism, sexism, homophobia • to identify online bullying and discrimination of groups or individuals e.g. trolling and harassment	 What are values? How do we show these through behaviour? Scenarios. How do we respond when we disagree with others' opinions? Drama. Discrimination – Primary Stars. X2 lessons. Talking first session. Create a player card lesson 2 Online safety taught through computing (see Autumn term Computing).
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