



Huntingtower Academy Lunch menu



Week One

Weeks commencing 6th & 27th Jan

	Mon	Tues	Wed	Thurs	Fri
Option 1	Penne Pasta with Bolognese Sauce 	Ham & Cheese Pizza with Diced Potatoes 	Puff Pastry Sausage Roll & Fluffy Mash 	Sweet & Sour Pork with Egg Rice 	Fishcake with Potato Wedges
Option 2	Puff Pastry Cheese Whirl 	Egg, Spinach & Tomato Muffins with Diced Potatoes 	Vegetable Ratatouille & Pasta 	Vegetable Fingers & Fluffy Mash 	Slightly Spiced Sweet Potato Stew
Option 3	Lincolnshire Jacket Potatoes & Toppings				
Option 4	Filled Baguette, Sandwich or Roll Selection				
	Daily selection of Fresh Lincolnshire Vegetables and Salad Bar Accompaniments				
Dessert	Waffle with Fresh Fruit & Hot Chocolate Sauce 	Fruity Jelly	Chocolate Cracknel 	Fruit Flapjack 	Iced Cinnamon Swirl & Custard
	Fresh Fruit, Yoghurt or Cheese & Biscuit Alternative				

Week Two

Week commencing 13th Jan & 3rd Feb

	Mon	Tues	Wed	Thurs	Fri
Option 1	Lincolnshire Sausage, Baked Beans, Scrambled Eggs & Diced Potatoes 	Beef Lasagne 	Roast Beef with Fluffy Mashed Potato 	Chicken Breast Strips with Katsu Curry Dipping Sauce & Rice 	Fish & Chips
Option 2	Coconut Chickpea Curry & Naan 	Cauliflower & Broccoli Potato Bake 	Mild Mexican Bean Wrap 	Macaroni Cheese & Garlic Bread 	Quorn Sausage, Yorkshire Pudding & Roast Potatoes
Option 3	Lincolnshire Jacket Potatoes & Toppings				
Option 4	Filled Baguette, Sandwich or Roll Selection				
	Daily selection of Fresh Lincolnshire Vegetables and Salad Bar Accompaniments				
Dessert	Strawberry Ice Cream Roll, Strawberry Sauce & Fresh Fruit 	Gingerbread Men 	Jaffa Sponge Cake 	Cherry Shortbread Cookie & Fruit Platter 	Apple & Apricot Crunch & Custard
	Fresh Fruit, Yoghurt or Cheese & Biscuit Alternative				

Week Three

Weeks commencing 20th Jan & 10th Feb

	Mon	Tues	Wed	Thurs	Fri
Option 1	Nut-free Pesto Pasta & Garlic Doughballs 	Lincolnshire Beef Burger, Fresh Bread Roll & Herby Baby Potatoes 	Roast Chicken with Fluffy Mashed Potatoes 	Traditional Beef Cottage Pie 	Fish Fingers with Potato Wedges
Option 2	Cheese & Tomato Pizza 	Vegetable Lasagne 	Stuffed Peppers 	Cheese Filled Sweet Potato Shells 	Cheese & Tomato Omelette with Potato Wedges
Option 3	Lincolnshire Jacket Potatoes & Toppings				
Option 4	Filled Baguette, Sandwich or Roll Selection				
	Daily selection of Fresh Lincolnshire Vegetables and Salad Bar Accompaniments				
Dessert	Chocolate Sponge & Chocolate Sauce 	Oat Cookie & Fruit Platter 	Jam Doughnut Muffin 	Strawberry Mousse & Shortbread 	Apple Sponge & Custard
	Fresh Fruit, Yoghurt or Cheese & Biscuit Alternative				

The School Meal Extravaganza!

16th Jan

Option 1
Toad in the Hole with Roast Potatoes

Option 2
Cheese Filled Jacket Potato Skins

Dessert
Chocolate Brownie & Ice Cream

Chinese New Year

24th Jan

Option 1
Breaded Chicken Bites with Sweet & Sour Dipping Sauce & Egg Rice

Option 2
Vegetable Spring Rolls with Sweet & Sour Dipping Sauce & Egg Rice

Dessert
Mandarin Orange Jelly & Cream

Allergens

- Egg
- Milk
- Gluten
- Soya
- Fish
- Mustard
- Sulphite

None of our meals contain; peanuts, nuts, crustacean, molluscs, sesame, celery or celeriac