



DK/saw/0066
7th September 2018

Dear Parents/Carers

We have a child in our school who has a nut allergy which can develop into a potentially life-threatening allergic reaction. If someone has a nut allergy, it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger an anaphylactic shock (which can cause breathing and swallowing difficulties). All staff in the Academy are trained to administer an adrenaline auto injector which is required immediately if this happens.

With this in mind, we are having to take steps to become a nut free Academy to avoid a child being put in a life-threatening condition from nut products being brought into this environment. Please can we ask that lunch boxes and snacks are nut free to bring them into line with our nut free hot school lunches. This would include not having:

- Peanut butter sandwiches or products made from peanut butter
- Chocolate spreads
- Cereal and granola bars that contain nuts
- Cakes, cookies and biscuits that contain nuts
- Some Asian food, including satay Sauces that contain nuts

This list is not exhaustive, so please check the packaging of products closely. Many products have traces of nuts, but we are concerned about the products that have nuts as an ingredient.

We appreciate that this is an additional thing to check when making lunches but we feel that it is important for us to support this child with their allergy and help to prevent a reaction becoming a life-threatening condition.

If you have any questions, please do not hesitate to speak to a member of staff who will be willing to help.

Yours sincerely

Donna Kightley
Deputy Head Teacher



Head Teacher: Emma Harkins
Huntingtower Road, Grantham, Lincolnshire, NG31 7AU
Telephone: 01476 564291
E-Mail: enquiries@huntingtowerroad.lincs.sch.uk
www.huntingtowerprimary.co.uk
Twitter: @huntingtower
Company Number: 08466505

