



Dear Parents / Carers

Although we are not allowed to say the "C" word we are having to make plans! Please keep an eye open for dates and events which you are invited to attend or can participate in. Preparations are in full swing and we are all looking forward to the usual fun at this time of year.

Once again, this month we are able to share many exciting things that have been going on in and around school, but also raise some issues which we would like your support with. Have fun and enjoy the weekend.

FOOTBALL



On Tuesday 8 November, Mr Turner took 9 players from the school football team to take part in the large schools football tournament.

We started the tournament by beating Isaac Newton school 4-0. The team played extremely well. The goals came from Josh Bruce, Liam Clamp, Kian Woods and Tom Mayfield.

Next we had Belmont School. Although we got off to a bad start we improved during the game and pressed for a winner, with only two minutes to go Belmont conceded a free kick. The ball was placed bottom corner and went in the back of the net, suddenly the whistle went we were through to the semi final.

We drew Long Bennington in the semi final and we knew it was going to be a hard match. We were playing fine, but lost and they went on to win.

For a chance to come third we had to beat Belmont School again. We started the match well and were playing fine but when the ball was played down the line and crossed in Josh Bruce headed the ball in and scored.

The whistle went and we came third out of seven schools the team played amazing!

Report by Liam Clamp (Well done boys from Mr A)

TUDOR DAY

Last Thursday Y3-4 went back in time... We had the chance to find out more about Tudor life by handling replicas of Tudor household objects (and guess what they were used for!). After which we re enacted a Tudor banquet complete with a top table to seat Henry VIII. We learnt that he had visited Lincolnshire with his new wife Catherine Howard and stayed at Gainsborough Hall. Dressed in Tudor head dresses and using models of Tudor food we played out what might have happened. We also got to ask our visiting expert all sorts of questions we wanted to find answers to about Tudor life. What a great day!

CHEERLEADING - Year 5 Festival

On Monday 14th November, some of the Year 5 children got the opportunity to go to a cheerleading festival at the Priory Ruskin Academy.

We learned how to cheer and chant correctly and practised these a lot! We also learnt three amazing stunts, which proved to us that you need to be strong to be a cheerleader and complete the routines well, especially some of the more ambitious moves.

All of our hard work during the day really paid off when we did a final performance in front of our parents.

Maddison Cant and
 Georgia Baxter



HEALTHY SNACKS AND LUNCH BOXES

Breakfast is very early, particularly for some children, so it is very important that everyone brings a healthy snack to have at morning break. Fruit is provided for all children either during morning or afternoon break.

Packing the lunchbox - a balanced packed lunch should contain:

Starchy foods - these are bread, rice, potatoes and pasta and others

Protein foods - these are meat, fish, eggs, beans and others.

A dairy item - this could be cheese or yoghurt.

Vegetables or salad, and a portion of fruit.

Starchy foods are a good source of energy, and should make up a third of the lunchbox. But don't let things get boring. Instead of sandwiches give children bagels, pitta bread, wraps and baguettes. Use brown, wholemeal or seeded bread, not white bread.

Children often like food they can eat with their fingers, so chop up raw vegetables such as carrots or peppers, and given them houmous or cottage cheese to dip the vegetables in. Breadsticks and wholemeal crackers are great fingers foods and they can be spread with low-fat soft cheese or eaten with reduced-fat cheddar and pickles.

Replace chocolate bars and cakes with fresh or dried fruit. Vary the fruit each day and get them to try new things, like kiwi or melon.

You could also make up a tasty fruit salad. Be inventive and encourage your children when they try something new.

PTFA - NON-UNIFORM DAY

Tuesday 29th November

Please send your child to school with a winter or Christmas item for the tombola, which will be part of our Christmas/Winter Fayre on Friday 2nd December.

CYCLING TO SCHOOL

We encourage children to cycle to school, but we only allow this if the cycle is in good working order, and we would like to encourage your child to wear a helmet. Although cycling to school is preferred to driving, your child's

safety is more important. As a cyclist myself I never go out without one.



FUTURE DATES - all dates subject to confirmation

18th November - PTFA Table top sale

2nd December - PTFA Christmas/Winter Fayre

5th December - FS/KS1 Christmas Performance - dress rehearsal

6th December - FS/KS1 Christmas Performance

7th December - FS/KS1 Christmas Performance

9th December - Pantomime - Peter Pan

13th December - KS1 and KS2 Choir - Christmas in The George Centre

14th December - KS2 Christmas lunch

15th December - FS/KS1 Christmas lunch

16th December - Carol Service

Honest

Care

Aspire

Expect

Respect



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